

NORTHSIDE SCHOOL PSHE CURRICULUM MAP

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Years						
Year 1	<p align="center"><u>Ourselves</u></p> <p align="center">Me and my family Know the names of different body parts. Identify some differences between girls and boy. Know about my family and the people in it. Know that other families may be different.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Say no to bullying</p>	<p align="center"><u>Space</u></p> <p align="center">Keeping safe and healthy How exercise helps them to keep health. The food choices can help keep them be healthy. How to keep themselves clean. How to prevent the transfer of infections at a basic level. Some things that change as a baby grows into an older person.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Good to be me</p>	<p align="center"><u>Africa</u></p> <p align="center">Beginning to understand me and others Know the qualities that make a good friend. Begin to understand the ways that they are unique. Begin to understand that others may be different from them. Explore the idea of "fairness, right and kind"</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: New Beginnings, Getting on and falling out, Say no to bullying, Good to be me, Going for goals!</p>	<p align="center"><u>Kings & Queens</u></p> <p align="center">Living in the wider world: taking part and belonging Name some feelings. Know who to speak to at home or school if worried. Know school rules and routines</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Going for goals!</p>	<p align="center"><u>Our Environment</u></p> <p align="center">Learning about money Recognise common British currency and understand its value. Understand the difference between needs and wants. Make basic choices about spending.</p> <p>Resources: Barnet Schools Wellbeing Programme</p>	<p align="center"><u>Toys</u></p> <p align="center">Knowing what to do Name some feelings. Know who to speak to at home or school if worried. School/class rules and routines</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: New Beginnings, Getting on and falling out, Say no to bullying, Good to be me, Going for goals!</p>
Year 2	<p align="center"><u>Dinosaurs</u></p> <p align="center">Keeping myself healthy How exercise helps them to keep healthy. The food choices can help them to be healthy. How to keep themselves clean. How to prevent the transfer of infections at a basic level. Some things that change as a baby grows into an older person.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Good to be me</p>	<p align="center"><u>Christmas production</u></p> <p align="center">More about differences Understanding and respecting differences between boys and girls. Understand life cycles. Sexual differences and naming of the parts. The need to be cared for.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Say no to bullying</p>	<p align="center"><u>Fire, Fire</u></p> <p align="center">Others and me in my class Know who appropriate people are to tell. Know how to tell appropriate people. Identify groups to which they belong. Begin to identify difference across the individuals in the class, school, area, country and world.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: New Beginnings, Getting on and falling out, Say no to bullying, Good to be me, Going for goals!</p>	<p align="center"><u>Magic</u></p> <p align="center">Developing confidence Understand more about their own feelings and how to manage them.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: New Beginnings, Getting on and falling out, Say no to bullying, Good to be me, Going for goals!</p>	<p align="center"><u>Creepy Crawlies</u></p> <p align="center">Keeping money safe Understand where money comes from. How to keep it safe. Know that it can be used for different purposes including spending and saving.</p> <p>Resources: Barnet Schools Wellbeing Programme</p>	<p align="center"><u>The Seaside</u></p> <p align="center">Rights and responsibilities Understand that everyone has rights and responsibilities as members of families and the wider community.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Going for goals!</p>
Year 3	<p align="center"><u>Mythical Creatures</u></p> <p align="center">Safe and Healthy at home, school and locally Explain how to others how they can keep themselves safe and healthy; at school; at home; and in the locality.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Good to be me</p>	<p align="center"><u>Soldiers</u></p> <p align="center">My special self Recognise their individual worth. Challenge gender stereotypes. Changes at puberty. Recognise that there are different types of families. Making decisions.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Say no to bullying</p>	<p align="center"><u>Victorians</u></p> <p align="center">Supporting friends and other people Recognise the feelings of others without being told explicitly. Know who their friends are and why. Act supportively towards victims of bullying. Take action when should they witness bullying.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: New Beginnings, Getting on and falling out, Say no to bullying, Good to be me, Going for goals!</p>	<p align="center"><u>Environment</u></p> <p align="center">More about me Explain more about their choices and why they make them despite their preferences. When to listen to emotions. Keep personal information safe. Resisting pressure from others.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: New Beginnings, Getting on and falling out, Say no to bullying, Good to be me, Going for goals!</p>	<p align="center"><u>Stone Age to Iron Age</u></p> <p align="center">Let's go shopping! Understand that you can pay for goods in a range of ways. Keep simple financial records. Recognise influences on choices spending and saving.</p> <p>Resources: Barnet Schools Wellbeing Programme</p>	<p align="center"><u>Animals</u></p> <p align="center">Diversity and Society Understand that a diverse range of people make up our community. The importance of respecting equality.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Going for goals!</p>
Year 4	<p align="center"><u>Cartoons</u></p> <p align="center">Helping others to keep safe Understand the need to manage risks anywhere. Know when it appropriate to seek emergency help. Be aware of basic actions to take in emergency situations e.g. know how to ask for emergency help, know how to undertake basic First Aid.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Good to be me</p>	<p align="center"><u>South America</u></p> <p align="center">Knowledgeable and confident adults Understand the changes at puberty. Understand the adult human body. Have confidence to ask for help.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Say no to bullying</p>	<p align="center"><u>India</u></p> <p align="center">Who are these people? Understand the various types of relationships in their lives. Be clear about the ways of keep safe online and in other cyber spaces. Comment on differences between their lives and the lives of others.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: New Beginnings, Getting on and falling out, Say no to bullying, Good to be me, Going for goals!</p>	<p align="center"><u>Anglo Saxons</u></p> <p align="center">Taking more control Make informed choices. Know their areas of strength. Be aware of persuasive language, threats and pressure from others. Express their feelings in a positive way</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: New Beginnings, Getting on and falling out, Say no to bullying, Good to be me, Going for goals!</p>	<p align="center"><u>Ancient Egypt</u></p> <p align="center">Work and money Understand basic concepts around saving accounts, lending and borrowing, paid employment and the work of charities.</p> <p>Resources: Barnet Schools Wellbeing Programme</p>	<p align="center"><u>Creatures</u></p> <p align="center">The environment Understand the importance of respecting and protecting the environment.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Going for goals!</p>
Year 5	<p align="center"><u>Greece</u></p> <p align="center">Drug education Know that some substances can alter how</p>	<p align="center"><u>Spies & detectives</u></p> <p align="center">Knowing myself Describe the life process of reproduction in</p>	<p align="center"><u>Earth and Space</u></p> <p align="center">Being strong Be clear about the difference between</p>	<p align="center"><u>Vikings</u></p> <p align="center">Moving on with confidence and clarity Be aware of the role the media and</p>	<p align="center"><u>The Highway Man</u></p> <p align="center">Let's make money! (enterprise or charity fundraising project)</p>	<p align="center"><u>Cowboys & Indians</u></p> <p align="center">The media Discuss and debate topical issues</p>

	<p>people behave and how their body works. Know what effect alcohol has on their brain and other parts of the body.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Good to be me</p>	<p>humans. Describe the changes as humans develop to old age.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Say no to bullying</p>	<p>confidential and secret. Give praise and constructive feedback to others. Confidently and appropriately challenge when there is a difference of opinion.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: New Beginnings, Getting on and falling out, Say no to bullying, Good to be me, Going for goals!</p>	<p>advertising in the portrayal of images. Be aware of more of their strengths and areas for development. Identify issues involved when changing schools. Making new friends and keeping old ones.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: New Beginnings, Getting on and falling out, Say no to bullying, Good to be me, Going for goals!</p>	<p>Plan and manage a budget. Calculate profit and loss. Recognise value for money and understand the financial risks associated with the internet.</p> <p>Resources: Barnet Schools Wellbeing Programme</p>	<p>concerning health and wellbeing. Critique views presented by the media.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Going for goals!</p>
Year 6	<p>War and peace</p> <p>Safe and healthy in the future Feel confident in their knowledge of how they can keep themselves safe and healthy as they move onto secondary schools and adulthood.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Good to be me</p>	<p>War and peace</p> <p>Parenthood Recognise that living things produce offspring of the same kind. Recognise that offspring vary and are not identical to their parents. Recognise that there are different parental situations.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Say no to bullying</p>	<p>Movers & Shakers</p> <p>Me and my place in the world Leave school with the confidence in having strategies to thrive in the future.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: New Beginnings, Getting on and falling out, Say no to bullying, Good to be me, Going for goals!</p>	<p>Movers & Shakers</p> <p>Celebrate the past and welcome the future Recognise their strengths. Be aware of those areas with which they may need support. Know how to ask for support. Know some ways of managing pressure.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: New Beginnings, Getting on and falling out, Say no to bullying, Good to be me, Going for goals!</p>	<p>SATS</p> <p>Money in my future Understand that finance plays an important role in people's lives. Recognise links between learning, the world of work and future economic wellbeing.</p> <p>Resources: Barnet Schools Wellbeing Programme</p>	<p>Transition work School journey</p> <p>Democracy and Government Gain basic knowledge of the UK democratic system of Government. How individuals and communities contribute to this.</p> <p>Resources: Barnet Schools Wellbeing Programme Possible SEAL resources: Going for goals!</p>